

## Troop 845 November Backpacking Trip Info

**Destination:** Cold Mountain/Shining Rock Wilderness

**Dates:** Friday November 12th to Sunday November 14th

**Departure:** Friday November 12th at 5:00 pm - !!!!!Remember to wear Class B Tshirts!!!!

**Return:** Sunday November 14th– later in the afternoon

**Cost:** \$25

**Hiking Options:** There will be two different hikes to choose from over the weekend.

Here's a quick outline of how the weekend will shape up. We'll be driving our towards Asheville on Friday evening and when we arrive at the parking lot on Balsam Knob Road it will be dark and chilly so make sure you have your flashlight and warm cloths handy. There won't be water at the parking lot so make sure you have your water bottles full when you leave the house, the troop will bring some coolers as well.

Hike option #1: Distance: ~5 miles – Rating: moderate – This option will begin at the parking lot and spend the day backpacking approximately 5 miles into camp next to the Shining Rock. Scouts can spend the remainder of the afternoon at camp, do any number of day hikes in the area, or explore Shining Rock before cooking dinner.

Hike Option #2: Distance: 10+ miles – Rating: Strenuous – For those seeking a very challenging hiking option, this is for you. This group will hike the 5 miles into base camp at Shining Rock where they will have an early lunch. We will then take off to summit Cold Mountain, which will be a fast paced hike up a few thousand feet to the top. You should bring a headlamp on this hike as we may get back after dark.

Everyone will camp in the same place in the evening and in the morning we'll get up early to hike the 5 or so miles out to the van. We will stop for lunch on the drive home and plan on returning later in the afternoon on Sunday.

### **Food:**

Bring dinner for the van on Friday and we'll of course stop at a gas station along the way

Bring three meals for Saturday; cold breakfast and lunch, hot dinner.

Bring cold breakfast for Sunday morning and money for lunch on the way home.

### **Food Suggestions:**

Breakfast:

Bagels, cheese, peanut butter, oatmeal, poptarts, cereal, dried fruit.- carnation instant breakfast

Lunch:

Fig Newtons, bagels, summer sausage, peanut butter, trail mix, fruit pies, granola bars, beef jerky

Dinner:

Pasta/powdered sauce, lipton rice, tortilla wraps, **small** can of chicken, cheese.

**Note:** You will be working hard and expending lots of calories, so bring plenty of trail mix and other good things to snack on during the day.

**Note #2:** We will not have access to water at our start point so make sure your canteens are full when we leave the church.

**Equipment to bring:**

Frame backpack

Sleeping bag

Sleeping pad if you have one

Tent (share one with a person in your patrol if you can)

Stove (share one with a person in your patrol if you can)

Mess Kit (pot spoon and lighter)

Pocket knife

First aid kit

Raingear – Raingear – Raingear

Warm bottoms (long underwear)

Warm top ( long underwear, fleece) It will get into the 20's at night.

Wool Socks – smartwool recommended

Synthetic hiking shorts and synthetic Tshirt

Hat

Gloves

Flashlight – Flashlight - Flashlight

Garbage bags

Canteens for two quarts of water

Iodine tablets if you have them (to purify water)

Change of socks and underwear

**Well broken in** hiking boots

Food (from above)

Small supply of toilet paper

\*It will be in the 20's in the evening so make sure you bring enough clothing

**Things to not bring:**

**Big Cotton Sweatshirts:** heavy, not warm, and bad

**Jeans:** they are cotton and take a very long time to dry.

**Cans:** Cans are very heavy. Heavy is bad.

**Camp Chairs:** Camp Chairs are heavy. Heavy is bad

Questions??? – Contact Brian Burnham at [Brian@CirqueVideo.com](mailto:Brian@CirqueVideo.com) or 923.0874